

SENIORES			SENIORS		
100 H.(0.840)	Henry Chloé (2015)	15.38	110 H. (1,067)	Gjesdal T. (1992)	16.21
			200 H	Vanwelde Jean-François (2018)	33.90
400 H.(0.762)	Daige Thérèse (1993)	68.29	400 H. (0.914)	Gjesdal T. (1992)	53.60
100 m.	Libert Laetitia (2013)	11.71	100 m.	Mengal Simon (2017)	10.67
			150 m.	Boa Michaël (2021)	17.71
200 m.	Libert Laetitia (2012)	23.79	200 m.	Oyowe Will (2013)	21.30
300 m.	Ego Caroline (2007)	41.06	300 m.	Oyowe Will (2010)	33.60
400 m.	Libert Laetitia (2012)	53.59	400 m.	Oyowe Will (2013)	45.88
600 m.	Ernould Marie-Elise (2015)	2.00.03	600 m.	Chrétien Arthur (2021)	1.22.81
800 m.	De Coninck Gael (2023)	2.05.88	800 m.	Dumoulin Romain (2022)	1.51.77
1000 m.	Roobaert Laurence (1993)	2.47.94	1000 m.	Mazid Mohammed (2022)	2.23.82
1500 m.	Roobaert Laurence (1993)	4.21.33	1500 m.	Mazid Mohammed (2022)	3.48.76
Mile (1609m)	De Smet Bernadette (1992)	5.28.02	Mile (1609m)	Mengal Arnaud (2018)	4.28.98
2000 m.	Tanghe Corinne (1996)	6.40.89	2000 m.	Vermeersch Arnaud (2021)	5.31.16
3000 m.	Cerckel Marie (2019)	10.13.25	3000 m.	Dely Arnaud (2021)	8.02.98
2 MILES			2 Miles	Versmissen Fabian (2007)	10.22.48
5000 m	Cerckel Marie (2022)	17.20.69	5000 m	Poncelet Valentin (2019)	13.55.23
10000 m.	Vandroogenbroeck Virginie (2005)	35.28.94	10000 m.	Dely Arnaud (2021)	28.26.94
2000m steeple	Wynant Stéphanie (2013)	11.02.37	2000 steeple	Landerwyn Thierry (1991)	7.01.7
			3000 steeple	Godefroid Luc (1986)	9.08.64
Heure	Vandroogenbroeck Virginie (2005)	16.485	Heure	De Keghel Marc (1995)	17.690
			20000 m	Dethier Gaston (1987)	1.14.26
			30000 m	Dethier Gaston (1988)	1.57.50
10kms Route	Vandroogenbroeck Virginie (2001)	34.54	10 kms	Dely Arnaud (2020)	29.03
Semi-marath.	Vandroogenbroeck Virginie (2001)	1h17.23	Semi-marathon	Devanne Julien (2022)	1.05.09
30 kms	Vandroogenbroeck Virginie (2001)	1h55.03	30 kms	Hanot Serge (2001)	1.54.04
Marathon	Vandroogenbroeck Virginie (2001)	2h48.43	Marathon	Poncelet Valentin (2022)	2.15.46
Longueur	Scimeca Lina (2011)	5.57	Longueur	Reginster Gaetan (2019)	6.98
Triple saut	Ego Caroline (2017)	11.55	Triple saut	Diame Ismael (2023)	13.09
Hauteur	Scohy Christiane (1982)	1.35	Hauteur	Coster Xavier (2011)	2.01
	Boulangier M. (1991)				
Perche	Henry Chloé (2015)	4.42	Perche	Boa Michaël (2022)	4.50
Poids (4 kg)	Scimeca Anna (2010)	13.39	Poids (7,260kg)	Van Schoor Robert (1982)	16.08
Disque (1 kg)	Scimeca Anna (2011)	43.18	Disque (2kg)	Van Schoor Robert (1982)	56.12
Javelot 600gr	Hojka Anne (1998)	42.49	Javelot 800gr (<1986)	Jacques Pascal (1983)	64.64
Marteau (4 k)	Lanssiers Brigitte (1994)	21.24	Javelot 800gr (>1986)	Boa Michaël (2023)	60.14
Heptathlon	Ego Caroline (2007)	3.165	Marteau (7,260kg)	Pierre Guy (1999)	49.36
Decathlon	Pieters Sophie (2015)	3.342	Pentathlon	Deknop David (2000)	2.468
			Decathlon	Surquin Jean-Luc (1992)	5.634
			Isocathlon	Vanwelde Jean-François (2020)	6.099p
RELAIS Mixte			MARCHE ATHLETIQUE		
			5.000	Hazard Edouard	29.14.52
			10.000	Hazard Edouard	1.01.57.01
			20.000	Chevalier Daniel (1981)	2.03.01.05
			50.000		
			6 heures	Mertens André (1983)	41.733
RELAIS Dames			RELAIS Hommes		
4 x 100	Rinchon Morgane - Nicaise Justine	55.28	4 x 100	Reginster Gaetan - Brunin Clément	41.78
	Renard Julie - Blommaert Annais (2011)			Dutrioux Gilles - Mengal Simon (2020)	
4 x 200	Ego Caroline - Ernould Marie-Elise	1.57.37	4 x 200	Chiroux Gaetan - Brunin Clément	1.29.44
	Lengele Julie - Nicaise Justine (2009)			Mengal Simon - Mayne Marty (2021)	
				Reginster Gaetan - Mengal Simon	
4 x 400	Ernould Marie-Elise - Blommaert Annais	4.41.67	4 x 400	Brunin Clément - Beele Réginald (2023)	3.42.06
	Nicaise Justine - Renard Julie (2012)			Coster Denis - Ego Laurent	
4 x 800	Rinchon Morgane - Nicaise Justine	11.53.38	4 x 800	Coster Xavier - Fastrez Jérémie (2008)	9.01.1
	Renard Julie - Blommaert Annais (2011)			Verbanck Christian - Roobaert Michel	
			4 x 1500	Verbeugt Jean-Marie - Van Kerckoven Francis (1981)	18.10.6
				Roobaert Michel - Spigeleer Pierre	
			Ekiden	Verbanck Christian - Rodts Jean-Charles (1981)	2h10'55"
				Mazid Mohammed - Mengal Arnaud - Dumoulin Romain	
Suédois	Boels Nadège - Heymans Shanna	2.30.06	Suédois	Dely Arnaud - Poncelet Valentin - Devanne Julien (2021)	2.06.24
	Lembi Bonheur Heurjonie - Deloof Justine (2017)			Kohl Geoffrey - Hinnekens Simon	
Olympique	De Smet Bernadette - Tanghe Corinne	4.32.2	Olympique	Chiroux Adrien - Cisse Mohamed (2016)	3.53.0
	Deknudt Véronique - Verhoeven Vicky (1995)			Deknop David - De Keghel Marc	
				Deknop Eric - Aguilera Francisco (1997)	