

| W55 | | | M55 | | |
|-------------------|-------------------------------|----------|-----------------------|------------------------------|-----------|
| 100 m. | Vandooren Bénédicte (2022) | 15.80 | 100 m. | Leroy Marc (2022) | 13.96 |
| | | | 200 m. | Leroy Marc (2021) | 28.28 |
| | | | 300 m. | Leroy Marc (2020) | 45.62 |
| | | | 400 m. | Leroy Marc (2020) | 1.04.32 |
| 600 m. | Crul Rosa (1997) | 2.25.21 | | | |
| 800 m. | Crul Rosa (1997) | 3.08.17 | 800 m. | Leroy Marc (2021) | 2.29.41 |
| | | | 1000 m. | Leroy Marc (2021) | 3.19.73 |
| 1500 m. | Crul Rosa (1996) | 6.09.92 | 1500 m. | Francois Marc (2010) | 5.10.23 |
| | | | Mile | Francois Marc (2012) | 5.40.26 |
| | | | 2000 m. | Francois Marc (2012) | 7.13.95 |
| | | | 3000 m. | Caroubel Lucien (1988) | 11.00.6 |
| | | | 2 Miles | Francois Marc (2010) | 12.26.33 |
| 5000 m. | Vanden Abeele Christine | 24.55.78 | 5000 m | Francois Marc (2010) | 19.35.01 |
| | | | 10000 m. | Francois Marc (2012) | 40.37.48 |
| Heure | Mouvet Marie-Christine (2008) | 10.283 | Heure | Turner Roger (1990) | 15.395 |
| | | | Longueur | Francois Marc (2013) | 3.68 |
| Hauteur | Vandooren Bénédicte (2022) | 1.00 | Hauteur | Francois Marc (2009) | 1.45 |
| | | | Poids 6kg | Deperne André (2005) | 12.09 |
| Poids 4kg | Crul Rosa (1997) | 6.77 | Poids 7,26kg | Deperne André (2005) | 11.25 |
| | | | Marteau 6kg | Van de Voorde Patrick (2022) | 26.23 |
| | | | Marteau lourd 11,34kg | Van de Voorde Patrick (2021) | 10.87 |
| | | | Disque 1.5kg | Stalas Michel (2003) | 42.73 |
| | | | Disque 2kg | Stalas Michel (2003) | 39.12 |
| Javelot 600gr | Meyer Patricia (2020) | 17.62 | Javelot 700gr | Jayankura Luc (2020) | 37.99 |
| | | | Javelot 800gr | Stalas Michel (2003) | 27.25 |
| | | | Pentathlon | Van de Voorde Patrick (2021) | 2.401p |
| | | | Pentathlon lancers | Van de Voorde Patrick (2020) | 2.088p |
| ROUTE | | | | | |
| 10km | Mouvet Marie-Christine (2008) | 58.13.0 | 10 km | Francois Marc (2010) | 44.25 |
| Semi-marathon | Alexandre F (2012) | 1h38.24 | Semi-marathon | Francois Marc (2012) | 1h28.12 |
| Marathon | Duyck Nadine (2012) | 4h12.42 | Marathon | Bellemans Raymond (1981) | 3.22.33 |
| MARCHE ATHLETIQUE | | | | | |
| | | | 10km | Lesjours Joseph (1984) | 60.47.1 |
| | | | 20km | Lesjours Joseph (1985) | 2.11.40.0 |