

	M70		M75		M80	
100 m.						
200 m.	Eraerts Willy (2011)	35.12	Caroubel Lucien (2009)	49.06		
400 m.	Eraerts Willy (2009)	75.43	Caroubel Lucien (2007)	95.20	Caroubel Lucien (2009)	1.42.58
800 m.	Eraerts Willy (2006)	2.52.31	Caroubel Lucien (2007)	3.31.33	Caroubel Lucien (2009)	3.45.74
1000 m.	Eraerts Willy (2011)	3.46.64	Caroubel Lucien (2004)	4.05.43	Caroubel Lucien (2009)	4.50.45
1500 m.	Eraerts Willy (2009)	5.45.1	Eraerts Willy (2013)	6.10.36		
Mile	Eraerts Willy (2009)	6.03.47	Caroubel Lucien (2006)	7.28.68	Caroubel Lucien (2009)	8.25.49
2000 m.	Eraerts Willy (2009)	7.57.2	Caroubel Lucien (2004)	8.46.91	Caroubel Lucien (2009)	10.37.9
3000 m.	Caroubel Lucien (2001)	12.10.50	Demol G. (1989)	17.53.9		
2 Miles	Eraerts Willy (2011)	13.20.4	Caroubel Lucien (2004)	14.43.80	Caroubel Lucien (2009)	18.02.69
5000 m	Caroubel Lucien (2001)	21.25.33	Demol G. (1989)	29.59.0		
10000 m.	Caroubel Lucien (2000)	44.24.23				
Heure	Caroubel Lucien (1999)	14.023	Caroubel Lucien (2004)	12.637		
Poids 7,260kg			Demol G. (1989)	3.81		
	ROUTE					
10kms	Eraerts Willy (2010)	44.42.97	Eraerts Willy	48.23		
Semi-Marathon	Eraerts Willy (2011)	1.40.19	Eraerts Willy (2014)	1.47.32		